An abstract from a conversation between me and an Instagram follower

"I can be a bitch but I can't be cruel, I don't know how you handle it" I replied, "I am not a bitch nor am I cruel, these are misconceptions of what a Dominatrix is, It's about your Erotic power, your divine feminine energy" - Being a Dominatrix is a skill, a craft dating back centuries. *Goddess Inana is first recorded as a dominatrix she activated sexuality, virility and fertility.*

Your Mistress name is your higher self, your super self rather than a false self, your name carries great power and should ignite your inner pussy power when called upon!! A huge misconception is that individuals seeking power are unhealthy and even pathological and unfortunately due to the stigma that society projects onto the BDSM community many individuals feel ashamed of their kinks and fetishes.

Training in the art of BDSM is both sexually liberating and has amazing transferable skills, it teaches you self control, communication skills both verbal and non-verbal, sharpens your instincts and deepens your knowledge of psychology.

I will never forget how I felt the first time I heard the crack of my whip and was instinctively turned on! Free from sexual shame and guilt, I started my journey on being comfortable with my power and my voice.

I allowed myself to enter Dom space, an altered state of consciousness some describe it as having a spiritual experience a rush of power like a form of masturbation, the orgasm comes when you have fully dominated your sub, you witness him/her/they go into subspace.

Many believe slaves/subs are weak, in my 12 years of experience I have learnt that this is not true, many of my clients are very powerful individuals, they say there's great power in being vulnerable and being submissive is no different. They "choose" to surrender their ego.

The relationship between a Dominatrix and her sub is non-sexual but fueled with sexual chemistry, the exchange of power and energy is both electrifying and liberating. The Dom has a great responsibility, to protect and care for her sub and not to abuse her power but to liberate her sub by giving him the space to explore his kink and desires in a safe non-judgemental space.

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